

LECTURE ON MEDITATION



Followed by Mira Bhajan's

Dr. Saraswati Sukumar

Professor of Oncology

Johns Hopkins University School of Medicine

She has been known for her deep understanding of Meditation as well as mixed medium of lecture on meditation incorporated with Mira Bhajan.

Date: Dec 9th 2023, Saturday

Time: 5 pm at GBT Prayer Hall Maha Prasad to follow





Greater Baltimore Hindu-Jain Temple